

SAMPLE PSYCHOLOGICAL LETTER

(For patient without underlying conditions)

_____ xx, 2019

Re: -----

DOB: -----

To Whom It May Concern:

_____ is my patient that I have known for _____ years. He/She has had severe pain in the _____ and _____ over the years which has been severe and worsening. He/She had multiple treatments and injections in the past with Dr. _____ for his/her pain. He/She has also had _____ surgery but remains with severe pain. Mr/Ms _____ had multiple procedures for their pain which only helped partially for short term periods and currently he/she has severe pain. Dr. _____ recommended him/her for a psychological clearance for a spinal cord stimulator trial, and given that I have a relationship with Mr/Ms._____, I feel comfortable doing the evaluation as I know his/her psychological status well.

From a psychological standpoint, he/she has REAL somatic and neuropathic pain, and he/she does not want to have further surgery given the potential risks. He/She does not have suicidal ideations, untreated psychological disorders, or secondary gain issues that would be a hindrance to treatment. He/She has realistic expectations regarding the trial and is hoping that he/she has an improvement in function and a decrease in pain of 60%. I know how much pain _____ is in and I hope that the spinal cord stimulator will help alleviate some of his/her pain and help improve his/her quality of life.

If you have any questions or concerns, please feel free to reach out to me.

Sincerely,

*****This letter is meant as an example of what can be used as a psychological clearance for a spinal cord stimulator. If there are patient specific issues that need to be addressed this is an opportunity to do so. Thank you for your time*****