

RECOMMENDED PRACTICES FOR CHG SKIN CLEANSING FOR PATIENTS

CHG=Chlorhexedine Gluconate

1. Have a clean towel and clean clothes available.



2. After using normal soap and / or shampoo, rinse off thoroughly with water.



3. Wet a clean cloth with warm water.



4. Apply ~2 ounces of CHG solution to the cloth(s) in order to cover the skin being cleansed.



5. With water turned off, gently apply cloth with CHG solution to body from the neck down (always avoid eyes, ear, mouth, and genital area).



6. Wait 2 minutes². Proceed to rinse the CHG solution off your body with water only (Do NOT use shampoo, soap, deodorant, powders, or lotions after this step).



7. Pat yourself dry with a towel.



8. Dispose cloth after use. Dress in clean clothes.



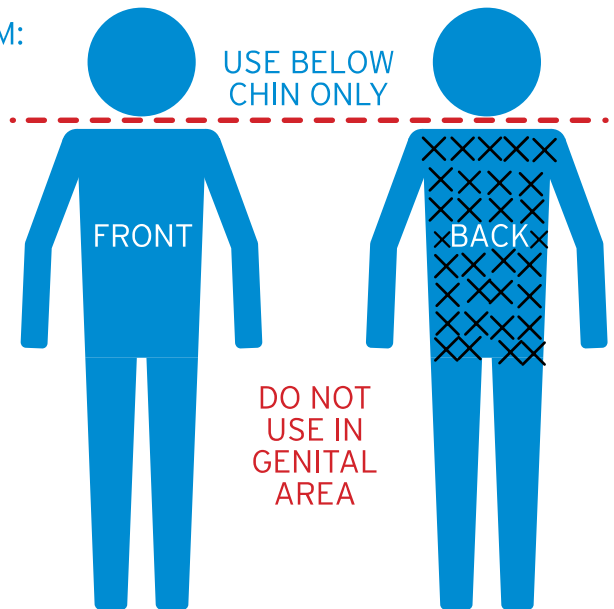
* Baseline Guidance:

Apply approximately 2 oz bottle per body part cleaned ¹

Repeat daily for 5 days prior to the morning of your surgery.

ADDITIONAL INSTRUCTIONS FROM YOUR MEDICAL TEAM: (please apply CHG to the following area(s):

Please pay attention to washing your back or neck (depending on procedure site) if possible have someone assist with cleaning this area as your procedure will be in this location.



1. Emerson JM, Gardner AMN. A placebo-controlled trial of effect of two preoperative baths and showers with Chlorhexidine detergent on postoperative wound infection rates. J. Hosp Infect. 1987; 10:165-72
 2. Edminton C.E. et al. "Evidence for using Chlorhexidine Gluconate Preoperative Cleansing to Reduce the Risk of Surgical Site Infections." AORN Journal, 2010. Page 92.